

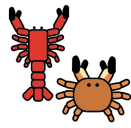

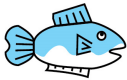
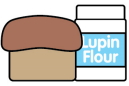







DISHES AND THEIR ALLERGEN CONTENT – Autumn/ Winter– Week 1



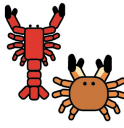
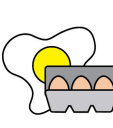
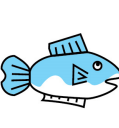
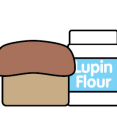




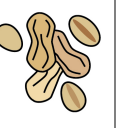

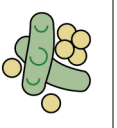

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Salmon & Haddock pasta bake		✓ Wheat			✓		✓		✓					
Sprinkle cake and custard		✓ Wheat		✓			✓							
Meatballs in tomato sauce		✓ Wheat Barley											Soya Lecithin	
Oat cookies		✓ Wheat					✓							
JP Cheese, beans (gluten free beans)							✓							
Hot fruit compot custard							✓							
Chicken casserole		✓ Wheat Barley											Soya Lecithin	
Fresh fruit														
Sausage pot cous cous		✓ Wheat												
Peach & pear crumble & custard		✓ Wheat					✓							

Review date: 29th October 2019

Reviewed by: R Mack Business Manager

DISHES AND THEIR ALLERGEN CONTENT – The Autumn/Winter Week 4

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupine	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage roast		✓ Wheat Barley											✓ Soya Lecithin	
Shortbread Biscuits		✓ Wheat					✓							
Sweet potato lentil korma rice & naan	✓	✓ Wheat Barley					✓							✓**
Carrot cake		✓ Wheat		✓			✓							
White fish pasta bake		✓ Wheat			✓		✓		✓					
Fruit														
Pork & apple pie		✓ Wheat Barley											Soya Lecithin	
Bananas & custard							✓							
Moroccan chicken		✓ Wheat Barley											Soya Lecithin	✓**
Chocolate sponge chocolate sauce		✓		✓			✓							