D	ISH	HES
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סוטטבט						Flour	Milk		MUSTARD			Oil		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Salmon& Haddock pasta bake		√ Wheat			√		1		1					
Sprinkle cake and custard		√ Wheat		✓			√							
Meatballs in tomato sauce		√ Wheat Barley											Soya Lecithin	
Oat cookies		√ Wheat					√							
JP Cheese, beans (gluten free beans)							1							
Hot fruit comport custard							1							
Chicken casserole		√ Wheat Barley											Soya Lecithin	
Fresh fruit														
Sausage pot cous cous		√ Wheat												
Peach & pear crumble & custard		√ Wheat					√							

Review date: 29th c

29th October 2019

Reviewed by:

R Mack Business Manager



You can find this template, including more information at www.food.gov.uk/allergy

DISHES					P.	Lupin Flour	Milk		MUSTARD			SSAM		WNE Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken veg curry, rice and naan		√ Wheat Barley					√		1					
Baked pineapple cake & custard		√ Wheat		✓			√							
Turkey crumble		√ Wheat Barley					1							
Fresh fruit														
Mixed bean & veg chilli & cous cous**	√	√ Wheat Barley												Sulphur **
Lemon drizzle muffins		√ Wheat		✓			✓							
Fish pie		√ Wheat			✓		✓		✓					
Raisin flapjack		√ oat					√							
Spaghetti Bolognese		√ Wheat Barley											√ Soya Lecithin	√**
Fruit in jelly														

DISHES AND THEIR ALLERGEN CONTENT – Autumn/Winter - Week 3

DISHES					D°	Lupin Flour	Milk		MUSTARD			SSSAM ON		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BBQ Pork	✓	√ Barley												
Homemade rice pudding		*					√							
Roast chicken dinner & gravy		√ Wheat Barley											Soya Lecithin	
Peaches & custard							1							
Keema curry & rice		√ Wheat Barley											Soya Lecithin	
Bakewell Tart & custard		√ Wheat		✓			√							
Bacon & red pepper pasta bake		√ Wheat					1		1					
Chocolate chip muffins		√ Wheat		✓			√							
Baked bean cheese potato pie							1							
Fruit														

DISHES					D.	Lupin Flour	Milk		MUSTARD			SISAMO		WNE Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupine	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage roast		√ Wheat Barley											√ Soya Lecithin	
Shortbread Biscuits		√ Wheat					✓							
Sweet potato lentil korma rice & naan	✓	√ Wheat Barley					✓							√**
Carrot cake		√ Wheat		✓			√							
White fish pasta bake		√ Wheat			✓		✓		✓					
Fruit														
Pork & apple pie		√ Wheat Barley											Soya Lecithin	
Bananas & custard							√							
Moroccan chicken		√ Wheat Barley											Soya Lecithin	√**
Chocolate sponge chocolate sauce		1		✓			√							