

Lunch



Your child's new lunch box

We promote healthy living and a balanced diet.

Due to the ongoing COVID19 situation we will be unable to provide hot lunches for the children in September. We are hopeful that this will change by January. We therefore have to ask you to provide a packed lunch for your child each day. You will be given a named lunch box for this purpose. This will enable us to stack & store the lunches in our fridge. We will provide the children with a drink.

We still have to charge £8 for the lunchtime session as we have to employ staff to supervise the children so their keyworkers can have a break.

On the reverse are some ideas for items to put in the lunch box and the items we do not allow.

Yes Please

No Thank you

Sandwiches / Wraps/ Pittas/Bagels with savoury fillings i.e.

Cheese, Tuna, Ham, Houmous, Avocado,

Marmite, Egg

Pasta salad

Rice/Noodle salad

Pizza

Vegetable sticks/Salad

Tomatoes, Peppers, Cucumber

Crackers/Breadsticks

Sausage rolls, Frittata, Samosas

Spring rolls, Falafel

Fruit

Yoghurt

Biscuits

Nuts

Cakes

Sweets / Chocolate

Crisps

Pesto

For more suggestions: www.nhs.uk/change4life

We are a nut free school so nuts cannot be present in any food items sent in the lunch boxes