



## Brunswick & Colleges Summer/ Autumn Menu 2023



w/c 17<sup>th</sup> April, 15<sup>th</sup> May, 19<sup>th</sup> June, 17<sup>th</sup> July, 25<sup>th</sup> Sept

Week 1	Lunch and Dessert
<b>Monday</b>	Jacket Potato, Tuna and Salad Homemade Marble Cake
<b>Tuesday</b>	Homemade Pizza with Peppers, Carrot Sticks Mixed Fruit Crumble with Custard
<b>Wednesday</b>	Roast Gammon, Roast Potatoes, Peas and Carrots Chocolate Krispies
<b>Thursday</b>	Sausages, Chips and Sweetcorn Greek Yogurt and Berries
<b>Friday</b>	Chilli Con Carne with Rice, Nachos Homemade Smarties Cookies

w/c 24<sup>th</sup> April, 22<sup>nd</sup> May, 26<sup>th</sup> June, 4<sup>th</sup> Sept, 2<sup>nd</sup> Oct

Week 2	Lunch and Dessert
<b>Monday</b>	Ham and Broccoli Pasta Bake with Sweetcorn Raspberry White Chocolate Muffins
<b>Tuesday</b>	Chicken a la King, Baby Potatoes and Carrots Vanilla Ice Cream with Sauce
<b>Wednesday</b>	Jacket Potato, Cheese, Beans and Salad Bakewell Tart with Custard
<b>Thursday</b>	Keema Curry with Rice, Peas Chewy Choc Chip Cookies
<b>Friday</b>	Fish Fingers, Spaghetti in Homemade Sauce, Chips Jelly



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w/c 1<sup>st</sup> May, 5<sup>th</sup> June, 3<sup>rd</sup> July, 11<sup>th</sup> Sept, 9<sup>th</sup> Oct

Week 3	Lunch and Dessert
<b>Monday</b>	Spaghetti Bolognese with Peas and Sweetcorn Greek Yogurt and Berries
<b>Tuesday</b>	BBQ Chicken with Rice and Broccoli Homemade Cornish Fairings
<b>Wednesday</b>	Tomato Pasta with Garlic Bread, Cheese and Cucumber Raisin Muffins
<b>Thursday</b>	Homemade Pizza with Baked Beans and Salad Choc Ice
<b>Friday</b>	Fish Pie with Carrots and Peas Jam and Coconut Traybake

w/c 8<sup>th</sup> May, 12<sup>th</sup> June, 10<sup>th</sup> July, 18<sup>th</sup> Sept, 16<sup>th</sup> Oct

Week 4	Lunch and Dessert
<b>Monday</b>	Sweet Potato and Lentil Korma with Rice and Naan Warm Apple and Cinnamon Cake with Squirty Cream
<b>Tuesday</b>	Sausage, Chips and Beans Neapolitan Ice Cream *
<b>Wednesday</b>	Pork and Apple Pie with Peas and Cauliflower Chocolate Sprinkle Traybake
<b>Thursday</b>	Roast Chicken, Roast Potatoes with Cabbage and Carrots Homemade Shortbread Biscuits
<b>Friday</b>	Salmon and Haddock Pasta Bake with Mixed Vegetables Lemon Drizzle Muffins

Menu is subject to change/\* availability.  
Vegetarian option is always available.